

VANTAGE POINT

A STUDY OF PHILIPPIANS

Week of Nov 25, 2018 / Adam Bishop

Scripture: Philippians 4:4-9

Dealing with Anxiety:

"Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near." Phil 4:4-5

- If God never did anything else for me, I have reason enough to _____.

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

Phil 4:6

- Telling God what I am anxious about is _____.

"And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Phil 4:7

- Peace is the _____ ability to comfortably rest in the unknown, uncertainty and confusion of life.

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things." Phil 4:8

- _____ fill and guard your mind and heart.

"Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you."

Phil 4:9

- How often should I practice all of these things? _____

Did you write down a good quote from today's message? Take a great pic?

Share it on Twitter or Instagram. When you do, tag @vaughnforest

and use the hashtag #VantagePoint.



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Truth Time/Scripture for

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Take some time this week to read through the following scripture passages. With an open Bible and an open heart, ask yourself each day: "Is there a truth here for me to apply?"

Monday	Romans 12
Tuesday	John 15
Wednesday	John 16
Thursday	Romans 15
Friday	James 1
Saturday	James 4

prayer time

Heavenly Father, help me to choose Your joy over my anxiety.

SHARE what you learn

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